



NOLS WILDERNESS MEDICINE
NC OFFICE OF EMS
LEAVE NO TRACE CENTER FOR OUTDOOR ETHICS
AMERICAN CANOE ASSOCIATION
STARFISH AQUATICS INSTITUTE
AMERICAN SAFETY & HEALTH INSTITUTE

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Leave No Trace L2 Instructor 5-Day Course Schedule - Basecamp *Downstream Campus*

- Day 1, 8AM: Introductions, Orientation to LL, Itinerary, Expectations
Orientation to LNT - Powerpoint
History of Leave No Trace
Ethics Activity
Noon: Lunch
1:00PM: Jackson County Greenway, East LaPorte park, and Judaculla Rock
Learning Styles and Teaching Considerations - Describe, Demo, Do, Debrief
Intro to feedback and Action Plans
5:00PM: Return to LL, wrap up, lesson prep time
- Day 2, 8AM: Chestnut Mountain Park
Teaching Topics
Plan Ahead and Prepare
Travel and Camp on Durable Surfaces
Dispose of Waste Properly (Human Waste)
- Day 3, 8AM: Panthertown Valley
Teaching Topics
Dispose of Waste Properly (Trash, Kitchen, etc)
Leave What You Find
Minimize Campfire Impacts
Respect Wildlife
****REMINDER - ACTION PLANS****
- Day 4, 8AM: Black Balsam Knob
Teaching Topics
Be Considerate of Others
Authority of the Resource & Effective Communication
Prep for Public Information Table - "Distill"
- Day 5, 8AM: Meet at Downstream Campus
Action Plans
How to Run a Level 1 Instructor Course
How to Run a Skills Course
Final Prep for Public Interface
11AM: Pack up and leave for OVC
Noon: Lunch @ Oconaluftee Visitor Center Public Interface
3PM: Course End Evals and Graduation