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These photo were taken on a mid-September ACA Advanced Swiftwater Rescue Course. The students spent three days on the river practicing skills and simulating rescues.



October/November Open Enrollment Courses

EMT-B Intensive - Full
September 29 - October 17

WMI of NOLS Wilderness Upgrade for Medical Professionals
October 20 - 25

EMT - Basic Refresher
November 14 - 16

Relief Medic- Homeland
November 17 - 20

WMI of NOLS Wilderness First Responder-Recertification
November 21 - 23

For More information on these courses visit our website at www.LandmarkLearning.org

Relief Medic- August 2008

In August Landmark Learning sent 9 students and 2 instructors into Ecuador to do clinical work in remote villages. Izzy Stalder, one of the students wrote a blog to keep her family and friends updated as she traveled throughout Ecuador. The following excerpts capture the essence of her Relief Medic adventure.

The People

"The very small number of rugged structures were shinning in the sun along the beautiful highland mountains when we first arrived, but it is all fogged in now at 5pm. It looks like Ireland. Small women and children in colorful costume lead herds of sheep along the empty dirt road that winds through this town and then disappear again as if their presence was an illusion. This place is incredible. The people wear the most beautiful clothes I have ever seen. They are the same traditional clothes I have seen sprinkled



through out the city of Riobamba and also at the market in Wamote, but here in this mysterious land, they look even more incredible. The color they hold is astonishing against the earth toned colors of the thatched roof homes, and the grassy fog covered hills of the Andes."



The Work

"We had about 40 patients today. I'm not sure how many I personally had, but quite a few. My Spanish is getting better when it has to do with medicine, but I realized that if one of the doctors starts chatting with me I have no idea what they are saying. I really like the triage part because I feel like I am able to really talk and listen to the people instead of just poking at them. Everyone is so nice and beautiful. They have had pain and sicknesses for so long it's ridiculous. This the second time this (Landmark Learning relief Medic) group has come to the town. Otherwise even Cemoplaf does not come here unless our group

comes so they have no access to any medical help at all. Most people have pain in their stomachs and head, parasites, itching that could be scabies, and a cough. More children than adults seem to have the signs for TB: cough and night sweats (¿Tiene toss y suda en la noche?). I heard that unlike yesterday the doctor today just looked at our paperwork and assessment and gave out the medications."

The Land

"On our way back to Riobamba we stopped and the most beautiful place. International tourists rarely come to this jewel because it is so hard to access but Ecuadorians try to come often. There are 22 lakes nestled in this Andean valley 8 of which are huge. The grass that the homes are made of spread over the hills and down into the valley below. It is thick and soft and makes you want to run and roll in it. We looked down from the mountain range we stood on to the two twin lakes below and the small town beside it (7 houses). I have never been to a place as peaceful as this one. It silences even the breath."



The Adventure

"WOW! The train ride was amazing. Definitely one of the most exciting things I've ever done. We dressing in 50 layers (well close to it) and traveled through beautiful meadows over mountains through small towns where all along the way people that were sprinkled through the country side stopped their work to smile and wave at our passage. We found out later that this is the first time the train has run in six months because there was a huge landslide and yep there was. It seemed like they were making the track in front of us. One of the crew ran in front of the train to get the rocks out of the way and there were portions of the track that were not even visible. We crossed rickety bridges that I would be scared to even walk across and only de-railed once. It felt like a ridiculous earthquake. The actual devils nose portion is a mountain called the devils nose that has a very narrow pathway along the edge that the train switch backs down and even has to go backwards at one point. It was crazy. Tomorrow is our first clinical, it is market day, and the president of Ecuador will be there."



To read more of Izzy Stalder's Relief Medic adventure visit her blog at www.bemodelbehavior.blogspot.com

Upcoming Relief Medic Courses: Relief Medic-Homeland: November 17-20

Stay tuned to www.LandmarkLearning.org to find dates for our 2009 Relief Medic trip!

Course Highlight - EMT- Basic Refresher

It's that time of year again for our three day EMT-B Refresher Training!

Our EMT refresher course makes certain you get the 24-hours of training required by the National Registry. In fact, if you are in the last year of your certification, our Scope of Practice test at the end of our course will also count for your requirements.



At the end of the course we'll provide an hourly breakdown of the components you've passed so you can submit them to the National Registry for approval.

Dates: November 14 - 16

Register online or call us at 828-293-5384.

Instructor Highlight - Fiona McColley

Full Name: Fiona McColley

Courses Fiona teaches at Landmark Learning:
WMI of NOLS Wilderness First Responder, Wilderness First Aid, and Wilderness Upgrade for Medical Professionals and the Relief Medic program.

What other outdoor company(ies) have you worked for?
The Biking Expedition, BikingX, Ticket2Adventure

What is your actual day/night job?
Owner/Director of BikingX

What is your favorite outdoor activity?
Biking

Where are your favorite outdoor locations to visit?
South West, New England

Why do you work for Landmark?
I love to teach Wilderness First Aid!



2008 Training Season is Filling Fast Landmark Learning Fall Calendar

Check out our [web calendar](#) for current courses and bookmark the page as the calendar is

constantly changing as courses fill. Visit this page to download registration packets for courses running from our base in Cullowhee, NC, or for contact information for our sponsored courses.

Highlights Include:

WMI of NOLS Wilderness First Aid, Wilderness Advanced First Aid, Wilderness First Responder and WFR Recertification, and Wilderness EMT in a "3+1" Format (see below). Plan ahead and prepare for the busiest training time of the year. Please also visit www.nols.edu/wmi for a look at nationwide course availability.

[WFR](#): December 13 -21

[WFR -Recertification](#): November 21-23 or December 5-7

[WEMT Intensive](#): September 29 - October 25 or January 5 - 30, 2009

[WUMP](#): October 20 -25, 2008 or January 26 - 30, 2009

[EMT-Basic](#): September 29 - October 18, January 4-24, 2009

[SAI Wilderness Lifeguard Course](#): June 6-7, 2009

[Leave No Trace Master Educator](#): October 6 - 10

[ACA Swiftwater Rescue](#): September 27 - 28

[ACA Advanced Swiftwater Rescue](#): September 14

[Relief Medic Homeland](#): November 17 - 20

[Relief Medic Ecuador](#): August 15 - 27, 2009

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