



LANDMARK LEARNING

The Learning Specialists for the Outdoor Industry.

Dear Leave No Trace Student:

Thank you for your interest in participating in a Leave No Trace Master Educator course held at our base in Cullowhee, NC. We are pleased to be affiliated with Leave No Trace Center for Outdoor Ethics and serve as a resource to you for your training needs.

Title: Leave No Trace Master Educator
Dates: September 20-24, 2010
Times: Class begins at 8:30 a.m. on first day
Cost: Tuition \$525.00 (includes lodging)

Included in this packet are:

- ✓ 2-Registration Forms*
 - ✓ Health Form*
 - ✓ Landmark Learning Release*
 - ✓ Leave No Trace Release*
 - ✓ Course Expectations
 - ✓ Gear List
 - ✓ Directions to Landmark Learning
 - ✓ "Landmark Learning 101" – (please read carefully!)
 - ✓ LNT Master Educator Scholarship Application information
- (Items marked with * must be returned to Landmark Learning upon registration)**

To complete your registration send us your two Registration Forms, Health Form, LL Release, and LNT release along with your non-refundable deposit for 50% of the course tuition. See the deposit/refund policy within the "Landmark Learning 101" section of this packet for explanation. Our office will confirm that this course is running no later than 30 days before the start date – at that time, please feel free to make travel plans or purchase your plane ticket.

The (*) essential documents that must be returned to complete your registration process are found here along with further information that will provide you with what you need to prepare for an experience that will best suit your expectations. Please take the time to go through and read all of this information, and be in touch with questions or concerns that you may have prior to the course.

We look forward to welcoming you to our Base-

Morgan Minus
Student Services Coordinator



LANDMARK LEARNING
The Learning Specialists for the Outdoor Industry.

R E G I S T R A T I O N

Course Title: **Leave No Trace Master Educator**

Course Dates: **September 20-24, 2010**

***IMPORTANT:** Please return this completed form along with your Deposit, Health Form and Releases at least 30-days prior to your course. This information is confidential and will be used in the event that we need to contact you with questions, course changes or cancellations, and other related information.*

Name _____ Cell# _____

Mailing Address _____ Eve # _____

_____ Day # _____

Email Address _____

Arrival: _____ Between 4PM and 9PM night before

Lodging: _____ Camping

_____ by 8AM the first day of class

_____ Bunkhouse

_____ Other Arrangements - *Please contact our office.*

_____ No Thanks

Course Tuition: \$525.00 (lodging included)

CREDIT CARD INFORMATION: *If you reserved a spot in the course with a credit card over the phone, please fill out the following portion and sign below. Please refer to "Landmark Learning 101" for billing, deposit, and refund information.*

Pay in Full Now

Visa AmEx MC Disc

Charge 50% Tuition Now (remainder due 3/19/10)

Expiration (MM/YY): ____/____

_____ - _____ - _____

Signature: _____ Date: _____

Billing address (if different from above):

STUDENT AGREEMENT:

I have read, understand, and agree to abide by all Landmark Learning 101 policies while I am enrolled in any base course.

Signature: _____ Date: _____

R e g i s t r a t i o n

*Please answer the following questions as accurately as possible. The information provided here will help our instructors best prepare for your backcountry experience, providing them with the information they need to plan a group menu and the route length, difficulty, and duration.

Dietary Preferences: (mark all that apply to you)

- Not picky, I eat most things.
- I really don't like to eat: _____
- I am a vegetarian who eats: dairy and fish dairy only fish only
- I am vegan, and eat no animal products.
- I am primarily vegetarian but eat usual camping fare.
- I have a restricted diet: _____

Physical Fitness:

How would you describe your level of activity?

- I spend a lot of time at my desk
- I work outdoors
- I am on my feet and moving most of the day
- I am an athlete in training

Describe your regular physical activities, how often you do them, and to what duration or length: _____

Check the outdoor gear you own and use:

- Framepack with hip-belt (internal or external?)
- Synthetic- or Down-filled mummy-style sleeping bag
- Trail shoes or boots (broken in to your foot!)
- Headlamp, extra batteries, and emergency light source
- Rain jacket *and* rain pants
- Camp stove
- Water filter or purifier
- Shelter (bivy, tarp, or tent?)

LNT Master Educator Only

Teaching Topic Sign-Up:

Please indicate a first, second, and third preference. You will be notified of your assigned topic within a week of receipt of this registration in our office. Thank You!

- Plan Ahead and Prepare
- Travel and Camp on Durable Surfaces
- Dispose of Waste Properly
- Leave What You Find
- Minimize Campfire Impacts
- Respect Wildlife
- Be Considerate of Other Visitors
- Other _____



HEALTH FORM

DISCLOSURE

Landmark programs involve a variety of activities including warm-ups, games, group initiative problems, low ropes elements and hands on application of CPR/first aid training. Some programs may also include other rigorous physical adventure activities such as backpacking, climbing, caving, paddling, swiftwater rescue, swimming, or hiking. These activities are designed to be within the limits of a person who is in reasonable good health. The level of participation in all programs and activities is at all times completely up to the individual.

Safety is a high priority in all programs. In addition, each participant must assume the risk that he or she may suffer an emotional or physical injury and disability. Each participant must have health/accident insurance coverage. The information requested on this form is intended to help alert staff to pre-existing medical conditions. This information will be held in confidence. Please complete the form below and bring it with you on the day of your scheduled program.

GENERAL & MEDICAL INFORMATION

Name _____ Date of Birth _____

Do you have health/medical insurance?..... no yes

Name & Address of Company:

Do you have any limiting physical or health disabilities - temporary or permanent - that you or your doctor feel would limit your participation in a Landmark activity?.....no yes

Do you have any chronic or recurring injuries?.....no yes

Are you currently taking any medication?.....no yes

Do you have any allergies or reactions to any medications, plants, or insects?.....no yes

Have you had surgery in the past year for any condition which may limit your participation?.....no yes

Do you have asthma?.....no yes

Do you have diabetes?.....no yes

If yes to any of the above, please explain/describe:

Are you pregnant?..... no yes

Do you have or do you have a history of:

- | | |
|---------------------------|---|
| _____ high blood pressure | _____ currently on medication for high blood pressure |
| _____ heart palpitations | _____ chest pain or pressure |
| _____ heart attack | _____ heart disease |
| | _____ stroke |
| | _____ heart murmur |

If yes to any of the above, please explain/describe:

Please list any other concerns or conditions that may affect your participation:

We strongly recommend that you consult your physician or midwife if you are pregnant or have checked off any of the conditions above before participation in Landmark activities.

EMERGENCY CONTACT INFORMATION

Person: _____ Relationship to you: _____

Address: _____

Phone Numbers: _____ Email: _____

LANDMARK LEARNING
PO Box 1888 - CULLOWHEE, NC 28723
828.293.5384
main@landmarklearning.org
www.landmarklearning.org

PARTICIPANT AGREEMENT, RELEASE, AND ASSUMPTION OF RISK

In consideration of the services of Landmark Learning, Inc., their agents, owners, officers, volunteers, participants, employees, and all other persons or entities acting in any capacity on their behalf (hereinafter collectively referred to as "LL"), I hereby agree to release, indemnify, and discharge LL, on behalf of myself, my children, my parents, my heirs, assigns, personal representative and estate as follows:

1. I acknowledge that my participation in hiking, camping, backpacking, caving, swimming, trailbuilding and/or individual and group initiatives, problem solving exercises and personal or professional growth and development training, including clinical and field experiences for EMT students, entails known and unanticipated risks that could result in physical or emotional injury or death. I understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity.

The risks may include, among other things: Strenuous physical activity; slips and falls; sprains, strains, broken bones; inclement weather; other participants and/or my own negligence; and emotional stress.

Furthermore, LL facilitators have difficult jobs to perform. They seek safety, but they are not infallible. They might be unaware of a participant's fitness or abilities. They may give inadequate warnings or instructions, and the equipment being used might malfunction.

2. I expressly agree and promise to accept and assume all of the risks existing in this activity. My participation in this activity is purely voluntary, and I elect to participate in spite of the risks.

CHALLENGE BY CHOICE: LL programs are composed of activities that may be unfamiliar to participants. To insure participants' control over their own personal safety, we have adopted the philosophy of "Challenge by Choice". At all times, participants in activities are completely in control of their own level of participation. During our programs participants need only to do or attempt to do those things that they choose. I (the "Participant") must:

- i) Listen carefully to all instructions and briefing;
- ii) Set my own goals in relation to the group's goals;
- iii) Make a decision as to my level of participation; and
- iv) Inform others of my choice.

No one will force me to do anything – the choice is clearly my own. During the program, LL facilitators will provide a challenging setting in which I may expand my limits while supporting my personal boundaries.

**Note: Because nationally standard certification programs require a baseline involvement and skill competency, choosing not to participate during such programs may affect your end certification status. However, your participation is recognized as voluntary and will be upheld by LL facilitators at all times.*

3. I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless LL from any and all claims, demands, or causes of action, which are in any way connected with my participation in this activity or my use of LL's equipment or facilities.

4. Should LL or anyone acting on their behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.

5. I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage myself. I understand that LL does not provide health insurance for students of their courses. I further certify that I am willing to assume the risk of any medical or physical condition I may have.

SIGNATURE (PAGE 1): _____ **DATE:** _____

6. In the event that I file a lawsuit against LL, I agree to do so solely in the state of North Carolina, and I further agree that the substantive law of that state shall apply in that action without regard to the conflict of law rules of that state. I further agree that the place of this release, its situs and forum, will be Jackson County, North Carolina, and it is said county and state for all matters whether sounding contract or tort relating to the validity, construction interpretation, and enforcement of this release be determined. I agree that if any portion of this agreement is found to be void or unenforceable, the remaining portions shall remain in full force and effect.

By signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation in this activity, I may be found by a court of law to have waived my right to maintain a lawsuit against LL on the basis of any claim from which I have released them herein. I also acknowledge that I have fully satisfied myself as to the nature of the activity or activities in which I will be participating, the risks associated with each such activity, the concept of "Challenge by Choice", and my responsibility to know my own limits. In the event of illness or injury, consent is hereby given to provide emergency medical care, hospitalization, or other treatment that may become necessary.

I have had sufficient opportunity to read this entire document. I have read and understood it, and I agree to be bound by its terms.

Signature of Participant _____ Print Name _____
Address _____
Phone _____ Date _____

PARENT'S OR GUARDIAN'S ADDITIONAL INDEMNIFICATION
(Must be completed for participants under the age of 18)

In consideration of _____ (print minor's name) ("Minor") being permitted by LL to participate in its activities and to use its equipment and facilities, I further agree to indemnify and hold harmless LL from any and all Claims which are brought by, or on behalf of Minor, and which are in any way connected with such use or participation by Minor.

Parent or Guardian: _____ Print Name: _____ Date: _____

PHOTO / MEDIA RELEASE

I grant Landmark Learning, Inc., the right to use, reproduce, assign and/or distribute photographs, films, video tapes, and sound recordings of me for use in materials they may create.

Signature: _____

Parent/Guardian's Signature _____

LEAVE NO TRACE CENTER FOR OUTDOOR ETHICS
COURSE PARTICIPANT ACKNOWLEDGMENT, ASSUMPTION OF RISKS,
RELEASE AND INDEMNITY AGREEMENT

For all Leave No Trace course participants: Please read this document carefully.

Leave No Trace Center for Outdoor Ethics (“the Center”) is an educational non-profit dedicated to the responsible enjoyment and active stewardship of the outdoors by all people worldwide, focusing its education efforts on ways for human powered recreational visitors to reduce their impacts on the natural area and the experience of other visitors, by developing and distributing educational curriculum and materials. The Center does not teach, oversee or conduct specific courses, but provides other organizations and individuals trained as Master Educators or Trainers with the materials to teach the Center’s curriculum. The Center has no control over course content; course conduct; scheduling; training of Master Educators, Trainers, or the quality of their training or expertise, other than courses taught by Center staff. The Center does not control their conduct, and does not warrant or guarantee the quality or expertise of any course or individual instructor.

The Center welcomes your interest in and devotion to the Leave No Trace program. The role of the Center is to provide educational curriculum to Master Educators and Trainers. Likewise, the Center is available as a resource for you as you go forth and spread the Leave No Trace word. If you have questions or concerns about Leave No Trace, vis-à-vis your course, please feel free to contact the Center at the number below. Thanks again for your interest in promoting Leave No Trace. 800.332.4100; www.LNT.org.

Participants are advised to independently review and examine the qualifications of individuals or organizations providing Leave No Trace courses.

Course Participants – Release, Acknowledgment & Assumption of Risks

In consideration for being allowed to participate in the training courses, the undersigned hereby agrees to release, indemnify, and discharge Leave No Trace Center for Outdoor Ethics, and its respective members, participants, volunteers, agents, employees, subcontractors, and all other persons or entities acting in any capacity on its behalf (collectively referred to as “the Center”) on behalf of the undersigned, his or her spouse, children, parents, siblings, heirs, assigns, personal representative and estate as follows:

1. Leave No Trace courses provide participants with information and techniques so that they can engage in minimum-impact outdoor ethics and principles. Those who successfully complete a Leave No Trace course can then teach others about outdoor ethics. Leave No Trace courses focus on outdoor ethics but Leave No Trace courses do not teach traditional outdoor skills such as mountain climbing, river crossings, camping backpacking, horse packing, rafting, etc. However, some Leave No Trace courses must be taught in an outdoor or wilderness setting. Activities vary, but can include hiking, camping, rafting and horseback riding and students should have basic outdoor skills before attending a course.

2. As the Center has no control over the actual course(s) being taught (other than courses taught by Center staff), the Center cannot know of the specific dangers that may be associated with the course(s). However, these activities necessarily include inherent and other risks, hazards and dangers which may result in hypothermia, dehydration, frostbite, drowning, falling, high altitude sickness, colliding with objects or people, heart or lung problems, broken bones, burns, property damage, illness, physical or emotional trauma, or other injury, disability, damage, death, or loss. The following are some, but not all, of the most common risks, hazards and dangers that may be associated with any course(s):

a. Risks present in an outdoor environment. These risks include travel in mountainous or wilderness terrain, both on and off trails. While traveling in these areas, hazards may not be marked, weather is unpredictable year around, and lightning, rapidly moving rivers/whitewater, falling rocks, snow and ice, high altitudes, avalanche dangers, fallen timber, stinging insects, wild animals, and hazardous plant life;

b. Risks involved in horseback riding. Horses (including donkeys or mules) are unpredictable in all circumstances, can react to the environment, and the conduct of other riders and persons. Equipment may break, saddles may slip, and other riders may not control their animals;

c. Risks connected with cooking and camping chores. While camping, participants may cook over a gas stove or an open fire and are subject to the risk of gas explosion or burns. Participants may need to disinfect water before use;

d. Risks in staff decision making and conduct. Master Educators and Trainers have difficult jobs to perform. They seek safety, but they are not infallible. They might be unaware of a participant's fitness or abilities. They may give incomplete warnings or instructions, they could misjudge the weather, terrain, water level, or route location. **Each participant should question the individual instructor(s) of the course to learn the associated risks and safety precautions employed;**

- e. **Risks associated with travel.** Travel may be on foot, or by vehicle, boat or other means, and may be over difficult terrain or via lakes and rivers, in adverse weather conditions;
- f. **Risks connected with geographic location.** Remote locations may create difficulties in communication and transportation and delays in evacuation and medical care;
- g. **Risks regarding equipment.** Equipment used in an activity may break, fail or malfunction;
- h. **Risks regarding conduct.** It is possible that you, other participants or third parties (e.g. driver, rescue squad, hospital) may act negligently or recklessly.

3. By voluntarily agreeing to participate, you assume and accept full responsibility for yourself, for the inherent and other risks of these activities (both known and unknown), and for any injury, damage, death, or other loss you may suffer, resulting from such risks and resulting from your own, and other's, negligence or other misconduct.

4. THEREFORE, YOU VOLUNTARILY RELEASE, FOREVER DISCHARGE, AND AGREE TO INDEMNIFY AND HOLD HARMLESS THE CENTER, and pay all damages, judgments or amounts, expenses, including all costs of defense and/or costs of enforcing this agreement, including attorney's fees and costs, incurred by the Center related to such lawsuits, claims, demands, or causes of action, which are in any way connected with your participation in this activity or your use of the Center's equipment or facilities, **INCLUDING ANY SUCH CLAIMS WHICH ALLEGE NEGLIGENT ACTS OR OMISSIONS OF THE CENTER.**

5. You certify that you have adequate insurance to cover any injury or damage you may cause or suffer while participating, or else you agree to bear the costs of such injury or damage yourself. You further certify that you are willing to assume the risk of any medical or physical condition you may have. You hereby authorize the Center, or anyone acting on its behalf, to seek medical treatment for you if you are unable to request it for yourself.

6. In the event that you file a lawsuit against the Center, you agree to do so solely in the state of Colorado, and you further agree that the substantive law of Colorado shall apply in that action without regard to the conflict of law rules of that state. You agree that if any portion of this agreement is found to be void or unenforceable, the remaining portions shall remain in full force and effect.

7. You consent to having any photograph of yourself or your family members used, published or sold (without compensation to you or them) by the Center.

BY SIGNING THIS DOCUMENT, YOU ACKNOWLEDGE THAT IF ANYONE IS HURT OR PROPERTY IS DAMAGED DURING YOUR PARTICIPATION IN ANY LEAVE NO TRACE COURSE, YOU MAY BE FOUND BY A COURT OF LAW TO HAVE WAIVED YOUR RIGHT TO MAINTAIN A LAWSUIT AGAINST THE CENTER ON THE BASIS OF ANY CLAIM FROM WHICH YOU HAVE RELEASED THE CENTER HEREIN. YOU HAVE HAD SUFFICIENT OPPORTUNITY TO READ THIS ENTIRE DOCUMENT, YOU HAVE READ AND UNDERSTOOD IT, AND YOU AGREE TO BE BOUND BY ITS TERMS.

Signature of Participant _____ Print Name _____

Address _____

Telephone Phone _____ Date _____

**PARENT'S OR GUARDIAN'S ADDITIONAL INDEMNIFICATION
(Must be completed for participants under the age of 18)**

In consideration of _____ (print minor's name) (the "Minor") being permitted by the Center to participate in its activities and to use its equipment and facilities, you warrant that you are the parent or guardian of the Minor and that you have the authority to make decisions as to the Minor's participation in recreational activities, You further agree to indemnify and hold harmless the Center from any and all claims which are brought by, or on behalf of the Minor, and which are in any way connected with such use or participation by the Minor. **YOU HEREBY CONSENT TO THE MINOR PARTICIPATING IN THE TRIP, AND YOU UNDERSTAND AND AGREE THAT ALL OF THE TERMS OF THIS AGREEMENT SHALL APPLY EQUALLY TO BOTH YOU AND THE MINOR.**

Parent or Guardian _____ Print Name _____

Address _____

Telephone Phone _____ Date _____

Personal BackCountry Checklist

-Please remember as you pack that you will need to save room for your share of the group gear, kitchen gear, and food! Pack small and light, beware of redundancy!

- _____ 2 sets of clothes suitable for the time of year (one to hike, one to wear clean).
- _____ sun screen, SPF 15+ is best.
- _____ a hat to keep the sun off or a hat to keep the heat in depending upon time of year.
- _____ a set of synthetic long underwear (poly pro, thermax, polarmax).
- _____ 2 one-quart water bottles - empty gatorade bottles or Nalgene bottles are good.
- _____ a rain jacket and rain pants or poncho.
- _____ an insulating layer jacket, compact and synthetic (fleece is ideal).
- _____ a pair of boots or all-terrain shoes for hiking that have good tread and offer support.
- _____ a pair of comfortable closed-toed shoes (**no sandals**) to wear around camp, and that can get wet.
- _____ 2 sets of wool or synthetic socks for daily hiking, with sock liners if preferred.
- _____ 1 set of socks (synthetic or wool) for sleeping - in addition to your daily wear socks.
- _____ a hand towel, and your personal hygiene stuff (tooth brush, paste, comb, etc).
- _____ a plastic mug, bowl, and spoon.
- _____ a foam pad or small air mattress for sleeping (thermarest, ridgerest, ensolite pad).
- _____ a synthetic sleeping bag with a rating appropriate for the time of year. It should come in a stuff sack lined with a plastic garbage bag.
- _____ a frame pack with hip belt (internal or external frame) lined with a plastic bag.
- _____ a flash light or headlamp with extra batteries.
- _____ a camera/notebook/pen or pencil.
- _____ any medications, inhaler, bee sting kit, or other personal items that you would normally have with you (we'll provide you with clean, dry storage).

-Please pack all these items in ziplocks to keep them dry and clean (2 gal bags are great). Bring a couple of extra zip locks and heavy-duty trash bags.

PLEASE AVOID: Tape players and other "urban" electrical devices, Hunting knives (less than 3", please), Firearms, Fireworks, etc.

***If you have any questions regarding appropriate clothing and equipment please give us a call at (828) 293-5384 or e-mail: main@landmarklearning.org

Leave No Trace Course Scholarship Application

Scholarships are available for private citizens, organization members, and others interested in teaching Leave No Trace. To be eligible, applicants must be enrolled in an approved Leave No Trace Master Educator course prior to submitting the scholarship application. *Due to the amount of qualified applications the Center receives, only domestic applicants are eligible. Please contact us if you have any questions or concerns.*

There are two deadlines for scholarship applications: April 15, 2009 and August 15, 2009

Please submit your application before the deadline closest to your course dates. In some cases, scholarships may be retroactive if your course runs prior to one of the two deadlines. If you are awarded a scholarship after you have attended your Master Educator course, you will receive partial reimbursement directly from Leave No Trace Center for Outdoor Ethics. If the deadline closest to your course date is missed, your application will be held until the next deadline. Scholarship applications received after August 15, 2009 deadline will not be accepted under any circumstances.

Tuition includes all meals and transportation during the course. Rations, instruction, group equipment and curriculum materials are included in the cost. Participants are responsible for travel to and from their course location, and at some locations, for lodging while not in the field.

Please submit an online application or contact [Sarah Folzenlogen](#) at Leave No Trace Center for Outdoor Ethics for more information at 800.332.4100.

Send all Scholarship Applications to:

Master Educator Scholarships
Leave No Trace Center for Outdoor Ethics
PO Box 997
Boulder, CO 80306

Or email: grants@lnt.org

Or [Submit Proposal Online](#)



LANDMARK LEARNING

Specialized Training For Outdoor Professionals

Leave No Trace Master Educator Course Expectations

Please Note: The Master Educator course is not designed to provide instruction on backcountry living skills. The backcountry aspect of the experience is meant to provide relevance to the curriculum, through practicing Leave No Trace techniques and methods, observing examples of impact, and creating an awareness of use and its purposes. The course itinerary is very full, and does not allow time for teaching how to light stoves, cook, purify water, and set up tents, for example. It is assumed that participants come with a level of comfort for living in a backcountry setting, and with all their own gear. If you feel that you would require instruction in any of these backcountry living skills, please contact our office to discuss your goals and alternatives available to you.

Itinerary:

This course will run rain or shine, so be prepared for whatever weather we could encounter. You will be responsible for providing your own camping gear. Landmark will provide group gear for cooking, a classroom shelter, and instructional gear. You will need to leave room to pack your share of the group gear and food.

Day 1 – 8:30AM Course start at Base classroom. We'll cover the foundations of the course in a variety of formats (lecture, discussions, group breakouts, practical workshops, etc). Trip packout and gear shakedown at the end of the day. Breakfast, lunch, and dinner are on-your-own.

Day 2 - 8:00AM Class reconvenes, final packout, and travel to the trailhead at Panthertown Valley (40 -minute drive). Meals are provided from lunch through the end of the course. Enter the backcountry portion of the course, and begin Teaching Topics. Setup camp. Evening activities.

Day 3 – Pack up and move camp. Continue Teaching Topics.

Day 4 – Pack up and prepare to return to Base. Finish Teaching Topics. Return to Base and breakdown gear, clean-up. Showers and preparation for Day 5. Bring "street clothes", something tidy and clean for Day 5 activities.

Day 5 – Pack up and drive to Oconaluftee Visitors' Center in the Great Smokey Mountains National Park. Interface with visitors; provide demonstrations, literature, and activities for groups. Graduation and departure by 3PM.

Teaching Topics:

The Teaching Topic is the cornerstone of the Master Educator experience. It provides the opportunity to prepare a lesson plan, deliver it, and receive immediate feedback from peers and instructors.

Each Master Educator candidate is expected to teach one of the seven principles of Leave No Trace to the class, incorporating into their topic the content and style necessary to teach a group they may encounter as a Master after this course. For example, if the candidate will be working with school groups, s/he should address our class as school-aged students and prepare activities or discussion to fit that particular audience. Or, if the candidate will be working in general education at trailheads or on the trail, s/he should address our class as recreationists s/he might encounter. In preparing your topic, imagine that we (your classmates) know nothing about Leave No Trace. Each candidate will be evaluated through peer review and by course instructors for depth of content, appropriateness for the chosen audience, and instructional style. Sign up for your topic with your registration material, and get online to research: www.lnt.org

LANDMARK LEARNING 101

Release/Assumption of Risk

All participants will be asked to read and sign a release acknowledging the inherent risks that are involved in any outdoor adventure activities. Minors will have a parent or guardian sign on their behalf.

Eligibility

Participants must be of sound health and able to walk 6-8 miles a day and/or display adequate swimming skills in water-based courses. Although our trips are designed to travel at a leisurely pace and much of the day is occupied with classroom and practical time, this request serves to mark an appropriate level of physical fitness.

Deposits and Refunds

1. 50% tuition deposit required to hold a spot in a course.
2. Full course payment due 30 days before course start.
3. Registration within 30 days of course start requires full tuition at registration.
4. If student cancels:
 - More than 30 days prior to course start, funds paid minus \$35 admin fee is refundable or transferable.
 - Within 30 days prior to course start, 50% of tuition is transferable, the remainder is forfeited.
5. If course cancels due to low enrollment, funds paid are transferable or 100% refundable.
6. Transfers must be made to courses (at the base, ONLY) within one calendar year of original course enrollment, or funds will be forfeited. Funds may not be transferred to an outside, sponsored course.

Community Living

Much of the instruction will be led as a participatory and hands-on activity, with micro-lecturettes for specific topics and workshops. In a Base course, each person is expected to participate fully within the class context, as well as in the living community during non-class times. This includes participating in general chores like classroom power cleans, collecting and maintaining classroom gear and equipment, but also include managing personal living needs within the context of the group, and assisting others with their needs as they become apparent. In a Backcountry Classroom setting, each person will be responsible for helping out as an active part in the group's everyday camping tasks including: cooking, cleaning, equipment set up and break down, water purification, etc. Living with other people in close conditions requires practice in understanding and tolerance. All participants should be prepared to work within the group's dynamics.

Drugs and Alcohol - This is a ZERO TOLERANCE policy.

No controlled substances or alcoholic beverages are permitted on Landmark property or during courses. *Violation of this policy will result in immediate expulsion from the program with no fee or tuition reimbursement.*

All participants under the influence of a prescription medication must inform the administration on their health forms, and the course instructors will also have access to that information. Medications and health issues should not disqualify you from a program; instructors need to know how to help you in the event that you need it. We encourage participants to bring all medications needed during trip/course hours. Your instructor will help make travel accommodations for needed items. (Ex. Bee sting kits, inhalers, etc.).

Travel To and From Landmark's Base

Please do not modify the directions or try to MapQuest to our base. The "direct route" that is GPS-oriented is no longer passable, due to hurricanes and erosion.

If you plan to fly or take a bus instead of driving your own vehicle, make your plans with the following in mind: *Do not make airline reservations before thirty days from the course, when we commit to or cancel a course based on the enrollment.* We provide shuttle transport from the Asheville airport or the Asheville Greyhound station for a one way fee of \$50, or from the Waynesville Greyhound station for a one way fee of \$35. If you plan to fly into a different airport or to take a bus to a different station, please be aware that you are responsible for arranging your own transport to our base. If you require transport from the airport or bus station, notify the office at least 2 weeks prior to the course start, so that we may arrange a shuttle. Please call

for more information.

We frequently have people attend our courses from all over the country and internationally, and they often come without a personal vehicle. Although Western NC is not a pedestrian community (no sidewalks, miles from town), it's easy to share a ride and expenses with other classmates to grocery stores, clinical sites, trailheads, or river areas, all of which are within easy access of our base in Cullowhee.

Parking at Landmark

Landmark's base campus is squeezed up into an Appalachian "holler"...there is very limited flat space and so parking is extremely limited. If you are coming with a friend or small group, please try to carpool to limit the number of vehicles. In the main parking lot, please pull in close to the next vehicle, facing either the mountain or the creek (not the lawn and classroom). When the main parking lot is full, there is overflow space further up Cane Creek Rd on the right, next to the creek – small vehicles fit better than trucks in this space. If that fills, you may also pull up to the grassy spot on the right, next to the creek, in front of the classroom building. Beyond that is staff parking and then a turn-around area that needs to remain clear. If you have to back out of any of the parking areas and need to turn around to head away from the facility, please drive up to the turnaround area...it'll save our banks and drives from very tight 3-point (5-point?) turns.

Facility

Please bring an extra pair of "inside" shoes, slippers, or sandals for use in the classroom. We ask folks to remove their "outside" shoes upon entering, in order to cut drastically down on clean-up, and for hygiene reasons would like people not to go barefoot.

Lodging is available for a nominal per night charge, which provides access to indoor plumbing and hot showers, an outdoor cooking, eating, and clean-up area, compost and trash/recyclables. Space is limited, so please reserve in advance for either. You may choose to sleep in your vehicle in our parking lot, but any night spent on our property requires the additional charge. If you are not paying to stay at the Base, you will not have access to the amenities.

The base camp (Tent City) is located near the parking area, classroom, and showers. It is a gravel pad that allows for drainage during the rain (which we get). You will need to bring all your own camping gear. Tarps and hammocks have limited set-up potential in Tent City...like the name sounds, tents work best - but please bring a backpacking-sized tent as you are sharing the space with other people.

The bunkhouse (The Nook) is located a short walk up the mountain. You should plan to "backpack" your sleeping bag and clothes; there is no access via roads. There is no running water up there, so bring a water bottle for middle-of-the-night dry-mouth. There is a port-a-john located at the bunks. There is electricity for the lights, but the outlets are not wired – no space heaters are allowed. There are gender-assigned rooms with 2 bunk beds each, a maximum of 4 people per room and 16 people total at The Nook.

The classroom has two bathrooms, one of which contains two shower stalls. There is a refrigerator, microwave, and toaster oven available for students to share in the classroom. Be considerate of others and keep refrigerated items to a minimum – we are close to town and it's easy to make a trip to a grocery store every few days to restock. Bring a Rubbermaid box or crate for food storage; several bins are available for folks who are flying in and can't transport one with them. Most folks bring a camp stove and cook under the pavilion, just behind the classroom.

Tobacco

Class times are inappropriate for tobacco product use (chew, cigarettes, etc.). During 10 minute breaks, lunch, and after class there will be a designated area in which you can use tobacco. At our base we ask folks to smoke, etc. *in the parking lot only*. Violation of this request can result in immediate expulsion from the course with no fee or tuition reimbursement. Please field dress your butts and dispose of them in the appropriate receptacles – the nicotine in the filters is not only dangerous to you, but highly toxic to the wildlife in our Steward Forest. If your nicotine needs interfere with class attendance, you should investigate other nicotine alternatives (the patch, gum, or other).

Transportation

In courses that continue backcountry, participants are responsible for transportation to the trailhead or river sites. We will arrange carpools to program sites when we are together as a class. At all times we attempt to find suitable parking options; however, Landmark assumes no responsibility for vehicles left unattended.

Safety

It is our primary mission to provide outdoor adventure programming while paying close attention to plans for risk management. The outdoors and outdoor activities are inherently dangerous. We have chosen equipment and program sites carefully. Our instructors are outdoor professionals who hold current certification in Wilderness First Responder, Wilderness EMT, and professional level CPR. In the event of an accident, Landmark staff will aid in medical care of the ill or injured until EMS arrives or evacuation is executed. Any costs of medical care and evacuation beyond the initial medical care given by our staff, is the sole responsibility of the ill or injured.

Pets

Please leave your animal companions at home. Due to allergies and preferences of other people in your course and neighbor relations, it is inappropriate to bring them. *No animal will be tied outside of a vehicle or kept inside of a vehicle during our courses.* If you do arrive with an animal we will direct you toward a kennel for the duration of your course. If this is unacceptable, we will ask that you disenroll in the course. Cancellation policies will be in effect.

Phones/Computers/Faxes

Landmark courses are designed with outdoor recreationists and professionals in mind. There is no phone or computer available for personal use. A phone is available in the office should you need to call 911 in an emergency, or for incoming emergency calls. We do request that cell phones be turned off during class hours. Cell phones get mixed results with signals at our base, but are usually very usable in town just ten minutes away.

Wireless access to DSL is available at our base with your own computer equipment. Western Carolina University and Southwestern Community College are both just a few miles away with a computer lab and has pay phones available. There are several locations in Sylva and Dillsboro where you can also access the web for a fee. Otherwise, please come prepared to be out of contact for your course duration.

You may receive or send faxes from our office for a fee of \$0.25/page...this service is available for faxing needs pertaining to class administration, ONLY. The Post Office in Cullowhee and several businesses in Sylva have faxing service available for personal or personal business needs.

Harassment

Absolutely no harassment of any kind will be tolerated by students, staff, or administrators during courses and after course hours on Landmark property. It is your responsibility to report any misconduct to the administration of Landmark. If you are suspected of harassing others you will be asked to leave, and your tuition will not be refunded.

Down Time

Landmark is 3 miles from Western Carolina University, which allows computer access in the library. Landmark is also just ten minutes from downtown Sylva and a variety of grocery stores, restaurants, and fast food places. Sylva boasts a movie theater, bowling, and Appalachian cultural opportunities. Landmark is located near some of the toughest trail running and mountain biking areas around. We are minutes from the Tuckaseegee River, the "Slab", Devil's Dip, and the Nantahala River. Come prepared to be active during your after-class time. All recreational opportunities are at your own risk and Challenge by Choice!

DIRECTIONS TO LANDMARK LEARNING

From the North/West/East:

Take I-40 to Exit 27 (the Great Smokey Mt. Parkway), west of Asheville, and follow 74/23 South past Waynesville to Sylva. Take Exit 85 into Sylva. The road T's into 107. Turn left, following it South, out of Sylva. *

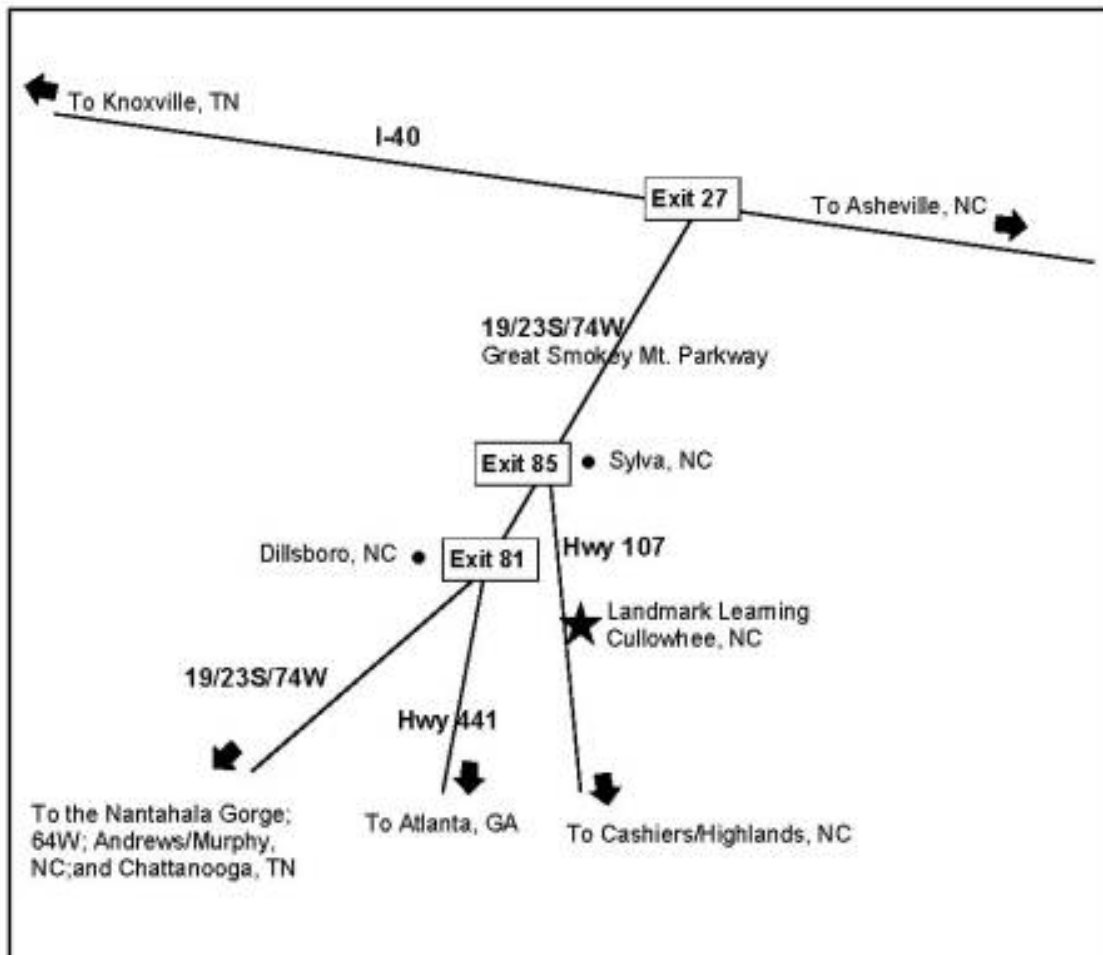
From the South:

Take 441 North (out of Atlanta) through Franklin up and over Cowee Mountain and down into Dillsboro (you will have crossed over the Tuckasegee River and come to the only light). Do not continue through the light and up the hill. Turn right through Dillsboro. This main street will put you through Sylva and onto 107 South. Follow 107 South through Sylva. *

*When you pass the Burger King light, leaving town, look for Old Cullowhee Highway on your left (If you went over Catamount Gap and are at the University, you went too far). Take Old Cullowhee @ 1.5 miles to Cane Creek Rd. This street sign is often missing – look for the number "1709" affixed to the Stop Sign at that corner, as this is Cane Creek Rd. Turn left onto Cane Creek and follow it a mile to the end of the pavement. Pass a passive solar house (the Kalmia Center) and the next drive on the left is Landmark's parking lot. If the parking lot is full when you arrive, stay straight a little further and pull in on the right, facing the creek. Follow the trail up to the classroom and be welcome!

Call: 828-293-5384 (or 877-293-5384 from a payphone) if you need additional help on your way!

Western North Carolina



PLACES TO STAY:

Camping:

Fort Tatham Campsites
175 Tathams Creek Rd, Sylva, NC 28779
828-586-6662

Moonshine Creek Campground
Balsam Mountain, Sylva, NC 28779
828-586-6666

Cabins:

Carol's Cabins
Mockingbird Lane, Sylva, NC 28779
828-586-2624

Gus and Michelle McMahon
Mountain Brook
208 Mountain Brook Rd. Sylva, NC 28779
828-586-4329

Motels/Hotels:

Best Western River Escape Inn and Suites
248 WBI Drive
Dillsboro, NC 28725
828-586-6060

Holiday Inn Express and Suites
26 Rufus Robinson Rd.
Dillsboro, NC 28725
828-631-1111

Blue Ridge Inn
W. Main St. Sylva, NC 28779
828-586-2123

Comfort Inn
Hwy 23/74, Sylva, NC 28779
828-586-3315

University Inn Hotel
Cullowhee, NC 28723
828-293-5442

*Contact the proprietor for current costs, availabilities, and reservations.

On the Web: Check out the Jackson County Chamber of Commerce @ www.mountainlovers.com for further housing resources.