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Have you visited Landmark Learning's Facebook page? Join our online community to catch up with fellow course participants and find out what others have to say about Landmark Learning.

August/September Open Enrollment Courses at the Landmark Base

Wilderness Upgrade for Medical Professionals
August 4 - 9

Leave No Trace Master Educator Course
August 11 - 15

Wilderness Lifeguard Instructor Training Course
September 2 - 5

Advanced Swiftwater Rescue Course
September 13 - 14

Leave No Trace Master Educator Course
September 22 - 26

ACA Swiftwater Rescue Course
September 27 - 28

EMT - Basic Intensive
September 29 - October 18

From The Director's Desk

With the soaring prices of fuel and energy and no true sense of a temporary bubble but what looks to be a remaining problem, it may be time for us all to consider green acts to be a standard operation as opposed to a trendy wave. We have always had low flow toilets, conscientious visitors and staff to cut off lights behind them, recycled and composted at the base, and reused boxes and shipping materials almost 100% of the time. Most of the buildings were built with over-rated insulation, and we have been fortunate that we are south facing. We are now looking to add solar power to our student cabins, affectionately known as the "Nook". Currently, we have a 12 volt system there that powers the lights from deep cycle batteries which are trickle-charged here at the base about every seven days. Our plan is to include window fans and to power the Nook exclusively with solar. Future projects include providing more electronic registration procedures, monitoring our marketing and shipping projects for increased recycling and reduction of waste, and a micro-hydro project is under design. We are excited about it! Have you thought about what you do at your work to support being green?

Justin S. Padgett

Justin S. Padgett, M.S., Paramedic, WEMT
Executive Director

Instructor Highlight: Jon Lowrance

Nickname: J- Lo

What are your "special" skills - your specific skill set that you contribute to Landmark?

My background lends me extensive training and experience in group facilitation and adventure leadership. Few things get me more fired up than creating engaging learning environments at Landmark Learning. I hope students in my courses gain clear sense of the skills, knowledge and attitude it takes to be educated outdoor enthusiasts, all the while creating unforgettable memories from their courses with Landmark Learning.



What other outdoor company (ies) have you worked for?

Southeast Missouri State University Recreational Services and Discovery Ministries

What is your actual day/night job?

I recently finished up an accelerated BSN degree. I am now a Critical Care Nurse at Mission St. Josephs Hospital in Asheville, NC. Prior to nursing school, I worked in a larger capacity at Landmark Learning as an instructor and Logistics Manager.

What are your favorite outdoor activities?

In my scarce spare time, you can find me backpacking, canyoneering, rock climbing, caving or paddling my canoe alongside my beautiful wife, Jennifer.

Where are your favorite outdoor locations to visit?

The mountains and rivers of Western North Carolina are among my favorite areas to breathe deeply and enjoy the amazing beauty of nature. I also tend to gravitate towards the canyons of southeastern Utah and the glory of the greater Yellowstone/Teton area.

Why do you work for Landmark?

At Landmark Learning I work with some of the best instructors in the outdoor education industry. Landmark Learning leads the industry in multi-disciplinary training and educational opportunities for outdoor professionals. So to work here is to be at the forefront of the future of the outdoor industry. Graduates of Landmark Learning are proud to have been a part of something meaningful and worthwhile. They come prepared to be part of a growing field of expert leaders in the wild outdoors.

Any career or personal highlights you'd like to share?

The last several years and for a few more to come, my career has focused on development and laying a foundation to build upon for the future. At times it feels like I'll never be finished with school, but I remind myself that if I keep my eyes on the prize, it's going to all pay off down the road/trail/river. In the mean time, I look forward to continuing to invest myself in the students at Landmark Learning as I work in a perpetual state of being a student myself. See you in the classroom!

Any words of wisdom you live by or would like to share?

"Don't ask yourself what the world needs. Ask yourself what makes you come alive, and go do that. Because what the world needs are people who have come alive." Gil Bailie

Send Us Your Flair!

If you have ever taken a course at Landmark Learning you have surely noticed the "Board o' Flair" that adorns our classroom wall. This board is covered with stickers and patches from the many different organizations with whom our students are affiliated. To make sure that your organization is well represented send us a patch! Just pop it in an envelope and mail it to Landmark Learning, PO Box 1888, Cullowhee, NC 28723 , or bring one the next time you visit us! We will happily display your image for the world to see!

From the Backcountry to the Boardroom

Anyone who thinks that their Wilderness Medicine Skills have limited use should read the following account from a recent Wilderness First Responder course. He found a way to use the patient assessment system on one of his clients!

Its 1:00PM on Monday; the day after finishing my WFR program in the woods of North Carolina. I am sitting in a meeting room in an office building in my suit (yes, I have them and none of them are camo). It's a group discussion with a potential client so it's easy to day dream about walking in the woods. The client keeps droning on about this and that, so I start visualizing how I would splint his upper and lower jaw (Let's see, need to account for airway and breathing - a straw?). I am clearly wishing I could transport out of that room, but then it hits me - I know what to do! I ask, "So, what is bothering you the most, tell me about your chief complaint?" This narrows the conversation as five sets of eyes look my way. Quickly he answers (slight wince so I know the pain is real) and I follow up with "when did you first notice the onset of the problem?" Now I'm rolling and we engage in a lively dialog around what makes it worse (provokes) or better (palliates) and describe the problem (does everyone notice it or just a few?) and is just in this office or company wide and how bad is the problem compared to the other problems on a scale of 1-10 and finally, how long has this been going on? - Whoosh I am on fire and completely in synch with the client - I am in it, to win it!

Now, taking vitals might have been pushing the limits here so I gave an abbreviated SOAP note (Subjective, Objective, Assessment and then outlined my treatment plan (what we do). I closed the meeting with a promise to come back tomorrow with a proposal. I needed more resources, and anyways I was within the golden hour from my office!

May you use your new powers for good!

Bob Holdsworth

Course Highlight: ACA Advanced Swiftwater Rescue

Course Dates:
September 13 - 14

Are you ready to take your Swiftwater Rescue training to the next level? Join us in September for the [ACA Advanced Swiftwater Rescue Course](#). This course was created for trip leaders, boaters paddling on more challenging whitewater, and anyone desiring opportunities to add on to their Swiftwater Rescue course. This training provides 2 more days of additional training in technical rescue and multiple scenarios. Our location near the Tuckaseegee River makes our campus the ideal destination spot for river rescue and skills clinics.



Other ACA Courses:
ACA Swiftwater Rescue - September 27 - 28

2008 Training Season is Filling Fast Landmark Calendar

Check out our [web calendar](#) for current courses - bookmark the page as the calendar is constantly changing as courses fill. Visit this page to download registration packets for courses running from our base in Cullowhee, NC, or for contact information for our sponsored courses.

Highlights Include:

[WMI of NOLS](#) Wilderness First Aid, Wilderness Advanced First Aid, Wilderness First Responder and WFR Recertification, and Wilderness EMT in a "3+1" Format (see below). Plan ahead and prepare for the busiest training time of the year.

Please also visit www.nols.edu/wmi for a look at nationwide course availability.

[WFR](#): December 13 -21

[WFR -Recertification](#): December 5-7

[WEMT Intensive](#): September 29 - October 25

[EMT-Basic](#): September 29 - October 18, January 4-24, 2009

[SAI Wilderness Lifeguard Instructor Course](#): September 2 - 5

[Leave No Trace Master Educator](#): August 11 -15

[ACA Advanced Swiftwater Rescue](#): September 13 -14

[Relief Medic](#): November 17 - 20

[Relief Medic - Ecuador](#): August 16 - 28

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